

PISTACHIOS OF CASTILE - LA MANCHA



PRESENTATION: Transparent PET bottle 100 gr.

DRIED RAW PISTACHIO IN SHELL

ORIGIN:

TOLEDO-CASTILE LA MANCHA-SPAIN

VALSECO COLLABORATES ON RESEARCH AND DEVELOPMENT PROJECTS WITH THE UNIVERSITY OF CASTILE LA MANCHA.

CHARACTERISTICS:

- VARIETY: Kerman
- SIZE: 22-26
- COLOUR: Light brown

DESCRIPTION:

Dried, raw pistachio in shell selected at controlled cultivation facilities. No additives – unsalted.

PRESENTATION:

In transparent pet jar with black lid, net contents 100 grams.

SERVING SUGGESTIONS:

Recommended served raw as a snack or appetizer.

NUTRITIONAL CHARACTERISTICS:

- Very rich in minerals such as potassium, calcium, phosphorous and iron.
- The nut with the most vitamin A.
- 20% fiber content ideal for facilitating regularity.
- High content of polysaturated and monounsaturated fatty acids and oleic acid helps to reduce cholesterol.
- An excellent source of many nutrients, including protein, vitamins and minerals that are essential to good health.

VALSECO

